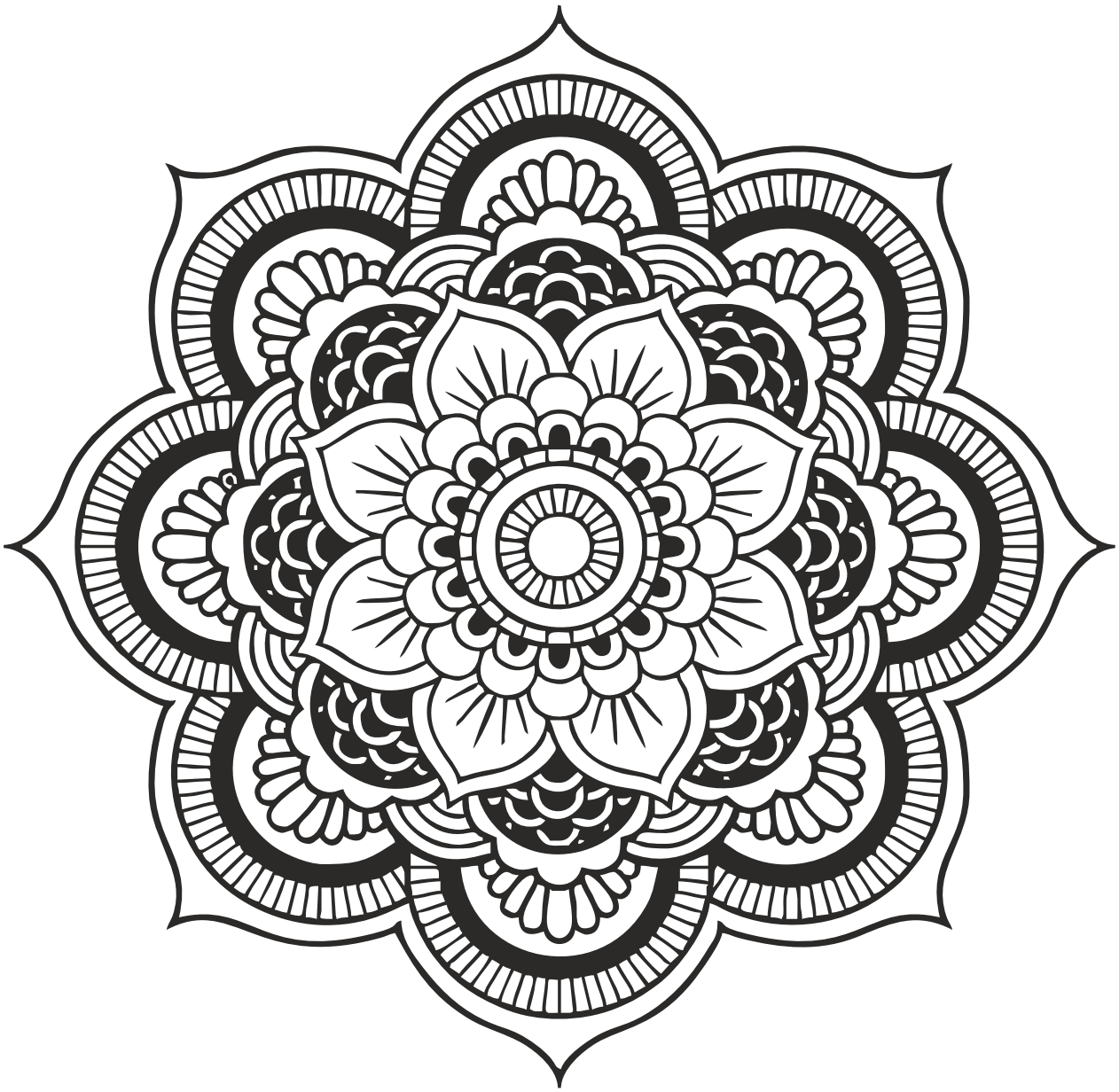
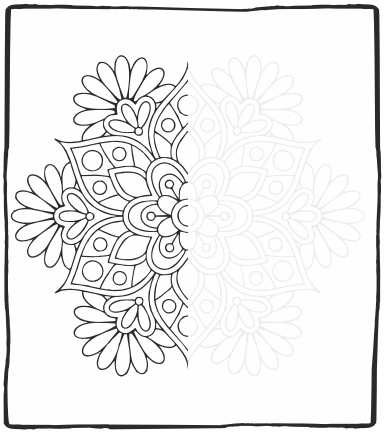
Colour the Mandala and turn it alive!!

Brighten colours such as yellow and orange represent warmth and excitement .
Cool colours such as blue, green, show cool.

Colours have moods. Colour the mandala to express your emotions!





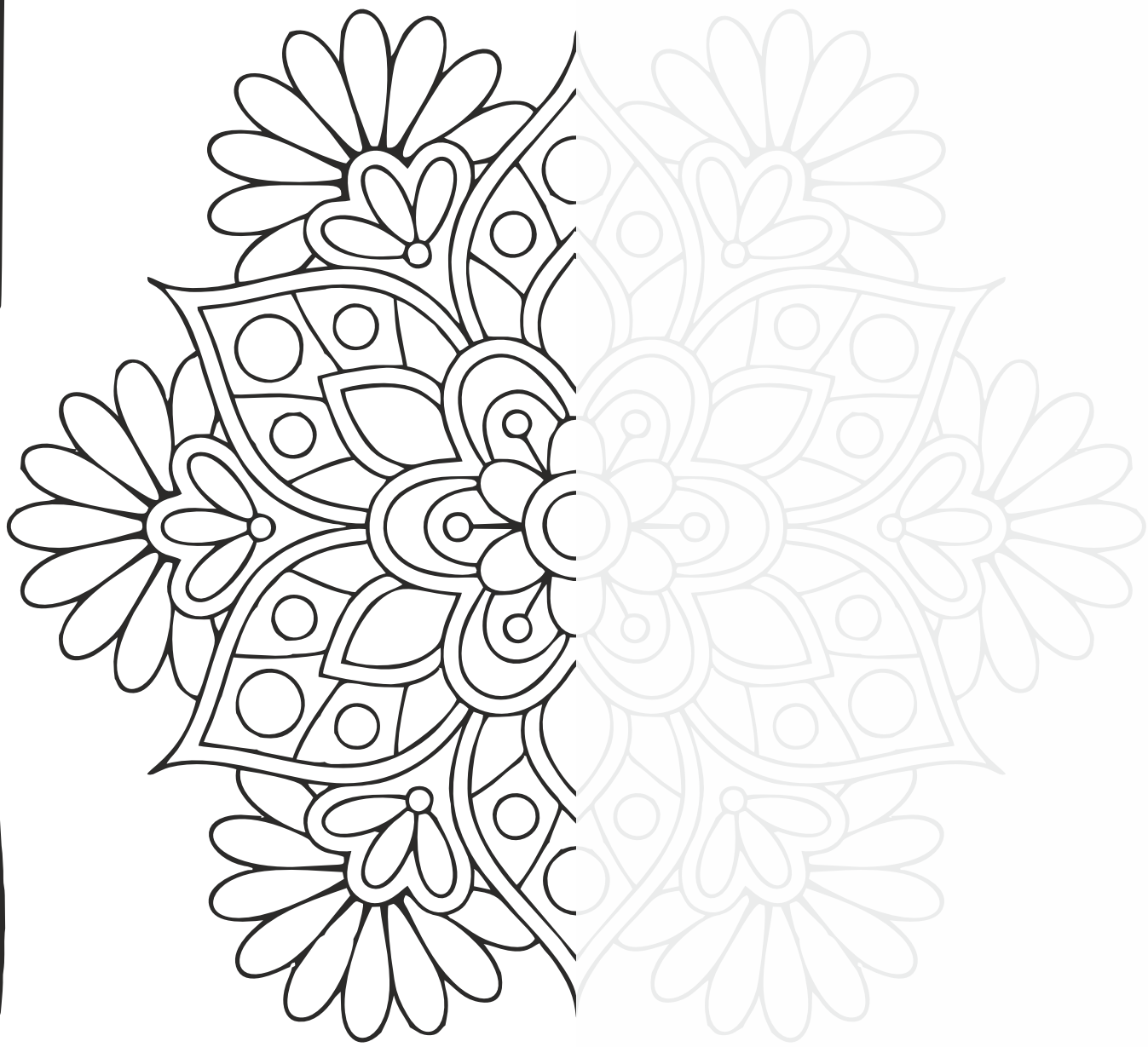
Flower Mandala Pattern

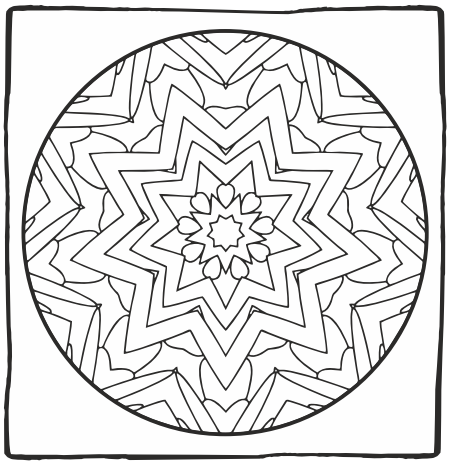
Mandala are completed when patterns are repeated. It is also a tool for concentration and relaxation.

Complete the flower mandala and see how you feel at the end!

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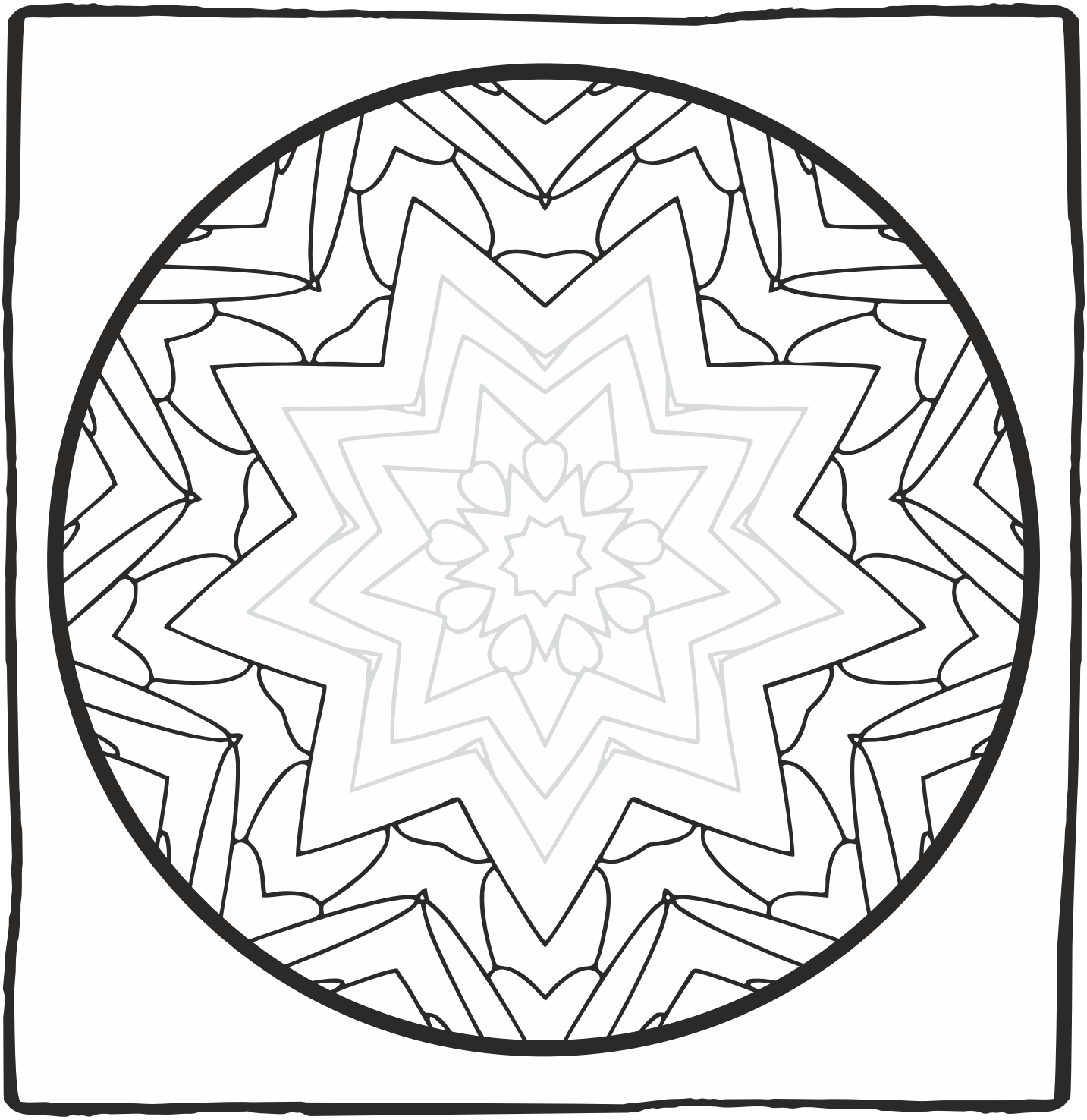
Trace the Star Mandala!

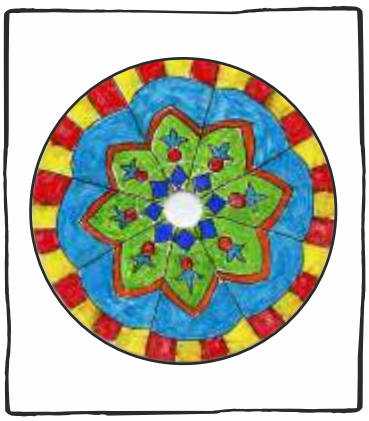
A mandala can never be left incomplete. Trace the grey lines and complete it.

You can enjoy colouring it with a crayon!

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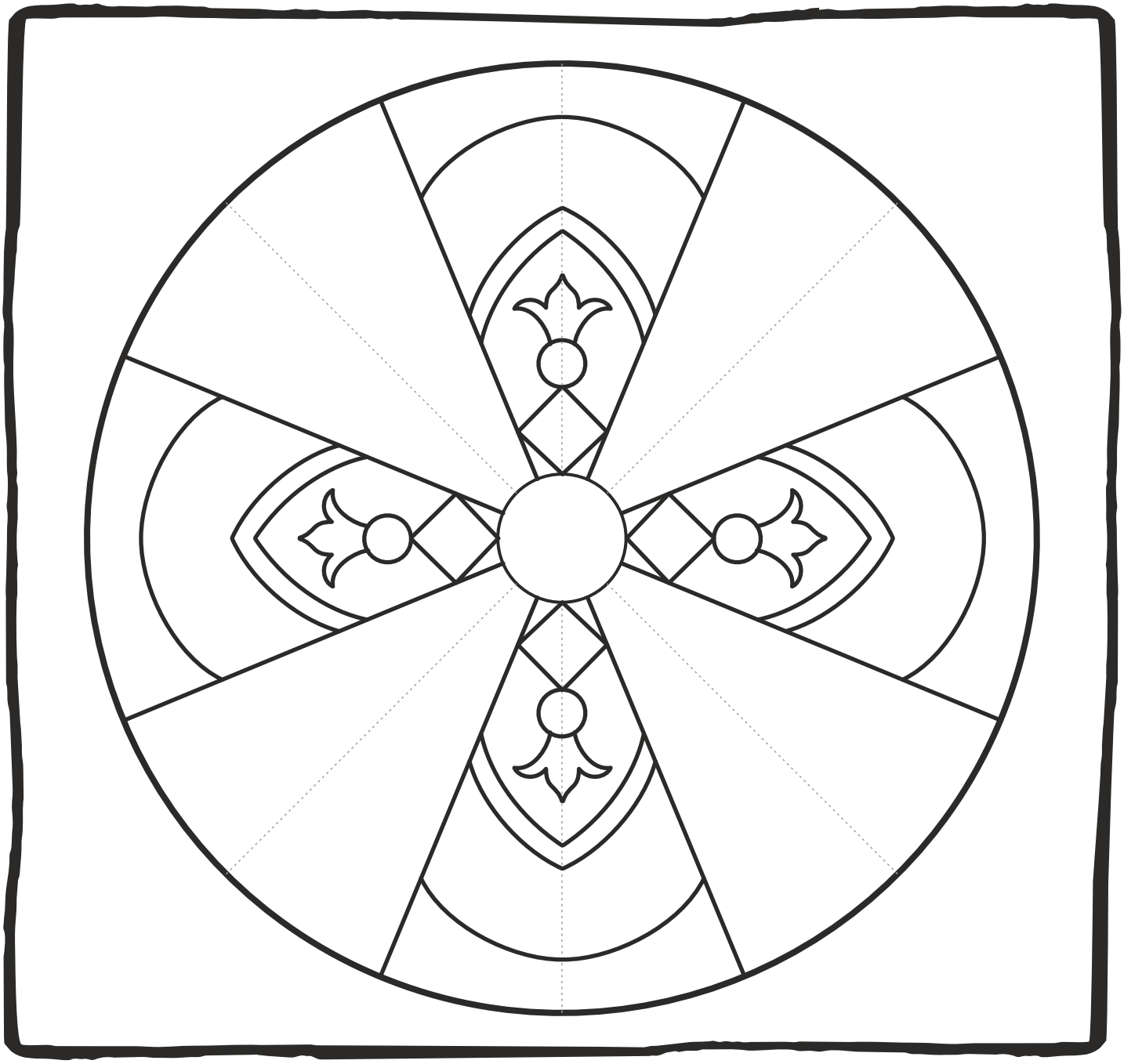


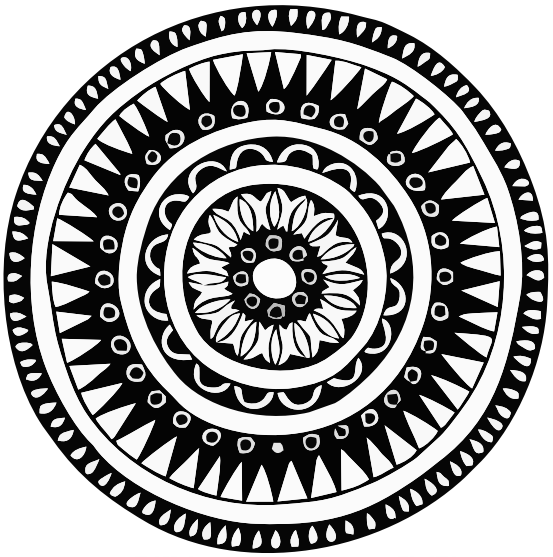
Learn the pattern making

Using lines you can draw different shapes. Drawing shape in a sequence is called a pattern and repeating patterns makes a mandala.

Use the dotted lines as path to draw and complete the pattern in a symmetrical manner.

Complete and Colour the mandala!





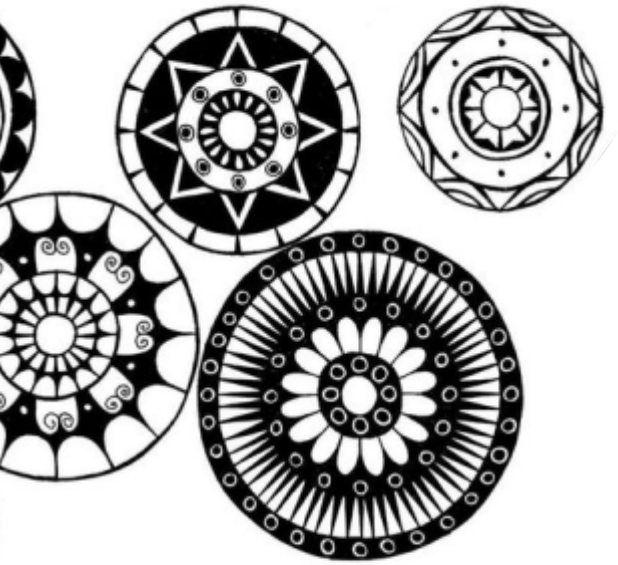
Do the Mandala Doodle!!!

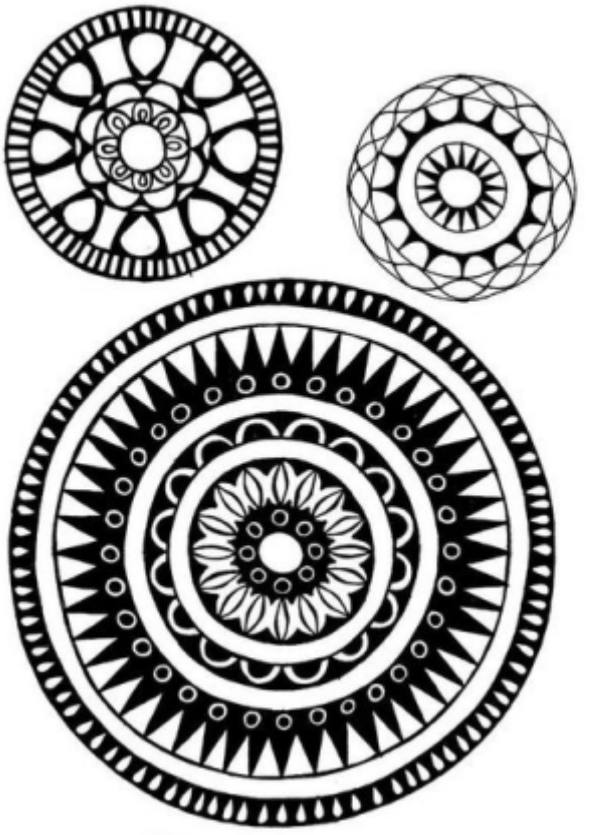
What fun to combine the two tools for concentration building.

Doodle in a mandala to have your own unique concentration tool.

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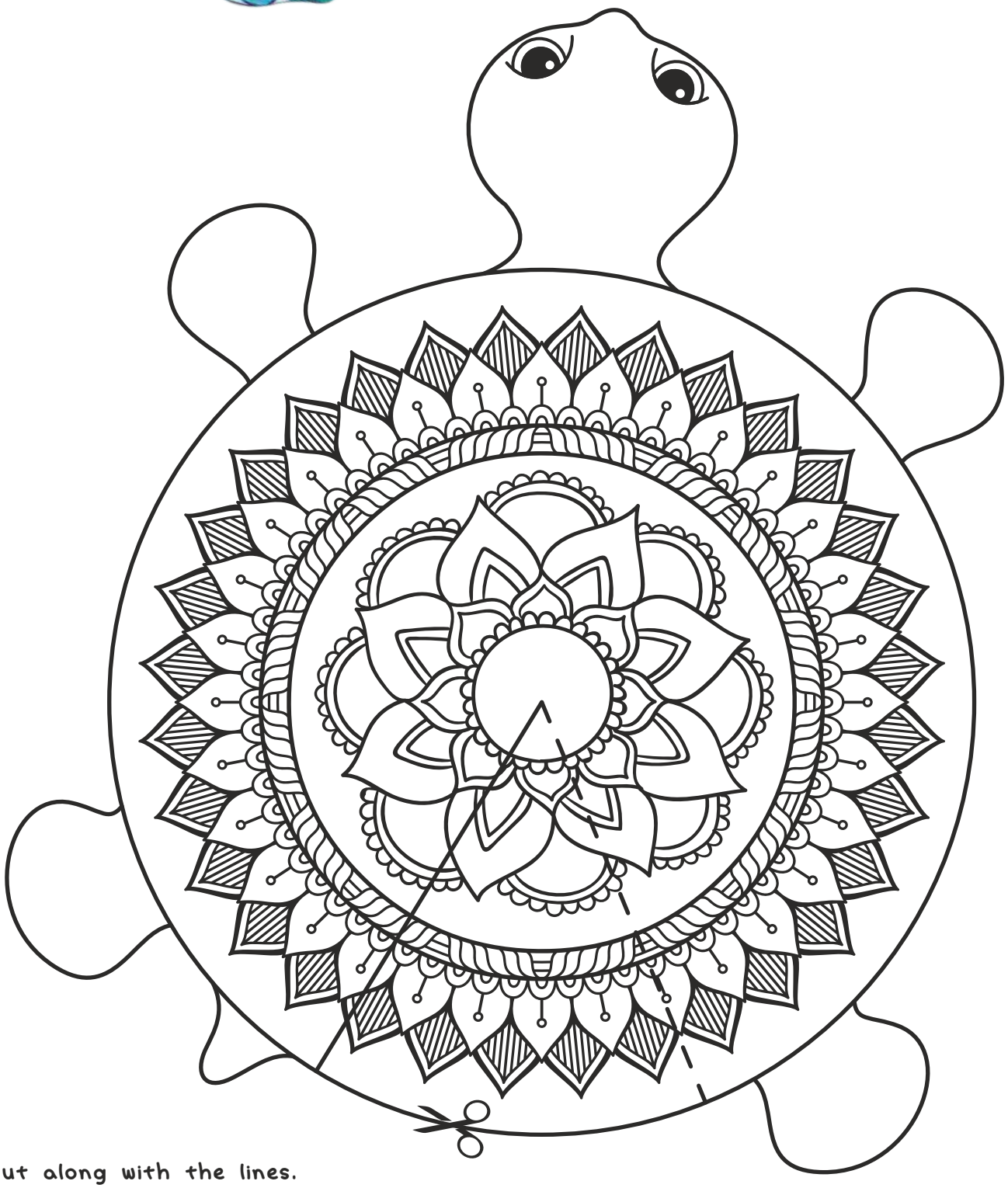


Mandala 3d Turtle

Mandala is a circular structure. Colour, cut and paste to make the 3D turtle back.

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Cut along with the lines.
Fold and stick to make a 3D shape.

Q-tip Mandala

Use the standard Q-tips to create dots in the given picture.
Use the reference image to know how to repeat the colour pattern.
Create itty-bitty dots and don't press too hard for a neat design.

